

WHAT'S ON AT THIS YEAR'S RYA VOLVO DINGHY SHOW



Over the weekend of 6-7 March 2010; Alexandra Palace, London once again becomes home of the RYA Volvo Dinghy Show, in association with Yachts and Yachting and Suzuki, the only show in the world dedicated to dinghy sailing.

Alongside the hundreds of exhibitors, the boats, books, kit and sailors the show boasts a packed agenda of talks and master classes from some of the dinghy sailing world's elite. National, European and World Champion Musto skiff sailor Richard Stenhouse will be sharing his top tips on perfecting your high speed sailing and boat handling, whilst Michael McNamara shares his secrets on preparing your boat for ultimate speed in the 'Go faster tweaks' session.

With speed in mind the show also gives you the opportunity to get up close to the ultimate sailing speed machine with its magnificent display of Vestas SailRocket. Pilot Paul Larsen will be taking to the Volvo Main Stage to share the challenges and experiences faced by the SailRocket team in 2009 when they attempted to break the speed sailing record.

Visitors will also get the chance to hear from Steve Cockerill, author of the 'Boat Whisperer' DVD series, about how to improve your posture and hiking, without damaging your knees, the RYA's Chris Watts will be providing all the information you need about mark rounding rules and tactics, and ISAF 2009 World Cup series winner Nick Thompson shares his top tips for sailing up-wind.

And if that isn't enough to whet your appetite there are plenty more talks, coaching sessions and activities taking place over the weekend.

There is much for disabled people to see and try at this years' show; the Sailability Marina in the Panorama Hall will display a number of specially designed boats including the Challenger Trimaran, Artemis 20, Paralympic 2.4 metre single hander,

Skud 18 and the new Windrider 10. In addition there will be two Access dinghies (2.03 and 3.03) moored on a mini pontoon fitted with an interactive hoist.

The RYA Sailability team and a number of class associations that work with disabled sailors will be on hand to discuss anything from starting sailing to how your club could become a Sailability club.

If you want to try something different then why not try Volvo's towing or city safety interactive sessions (register at: www.dinghyshow.org.uk); take a look at the stunning 'Blown Away' a week in Weymouth with Skandia Team GBR photo exhibition and GP14's display or find out more about windsurfing, a good alternative to a dinghy, at the shows two new windsurfing coaching sessions.

There's plenty of entertainment for the kids to at the Sunsail Kids Zone or by taking part in the ever-popular Treasure Hunt, which has some fantastic prizes up for grabs.

"For the prize of a ticket you get far more than just a show", commented Paul Bayliss, show manager. "There are loads of free workshops, free talks and free advice, as well as being packed to the rafters with dinghies galore, from timeless classics to the very latest in design, all under one roof.

"You don't have to be a dinghy sailing expert either, to enjoy the show; it's the perfect place to find out how to get started too."

The RYA Volvo Dinghy Show is a great day out for all the family, young or old, sailing novice or seasoned pro. To find out more and to order your tickets visit www.dinghyshow.org.uk or call the ticket hotline on 0844 811 0409.

Tickets cost just £11.00 for adults / £9.00 for RYA members, if you book in advance. £5.00 for children (5-16 years), free on Sunday, with children who are RYA members going free of charge all weekend.

Tickets can also be purchased on the door for £13.00 adult and £6.50 child.

Advance booking club competition

Thanks to show sponsors Volvo plus Suzuki, Rigiflex, Mersea Trailers and Rooster Sailing, for every 10 or more members visiting the show from your club, the club could win:

- 10 or more WIN 10 Rooster Sailing buoyancy aids
- 20 or more WIN A set of five Volvo racing marks
- 30 or more WIN Safety Boat Package comprising: Suzuki 9.9hp
Outboard engine, Rigiflex New Matic 360 motor boat and trailer from Mersea Trailers

So give the name of your club when you book your ticket and you could help your club win one of these great prizes.

All visitors to the show can also pick up their FREE show guide and FREE sailing season wall planner.

