



PAUL WREN

RYA High Performance Manager E & SE Zones
Tel: 07909 994642
Email: paul.wren@rya.org.uk

JENNY CAMPBELL-JAMES

Zone Administration Tel 01243 641176
Email: jenny.campbell-james@rya.org.uk

VIV NANOPOULOU

Champion Club Liaison Officer Tel: 02380 604245
Email: viv.nanopoulou@rya.org.uk

RYA CLUB & COACH CONFERENCES YOUR LAST CHANCE TO SIGN UP

- To reserve a place go to www.ryaracingevents.org.uk
- Follow the link on the left hand side for coaching courses.
- You can then fill in an online application for the conference of your choice.

6TH DEC: GRAFHAM WATER CENTRE

5TH DEC: BURGHFIELD SC

5TH DEC: BEWL VALLEY SC

6TH DEC: BARTLEY SC



TYPICAL AGENDA 10.00 - 16.00

- Introduction & welcome
- RYA High Performance Manager Update
Recognition policy; Departmental changes/pathway managers; Change in Sport England funding – what it means to clubs; Volvo Champion Club coaching days support; The facts on the new vetting and barring scheme (CRB changes)
- RYA Regional Development Officer Update
Linking OB/T15, VCC and adult participation together; why do people go sailing—Sport England's latest research; more adults sailing more often; Funding opportunities
- Grow and sustain your membership
- Challenges within the clubs
- The "FUN"amentals of coaching
How to keep your sessions FUN and exciting (guest speakers)
- Summary & further questions

These are aimed at all those with an interest or involved in delivering, planning or coordinating club training, racing and coaching for both juniors and adults.

The conference should inspire committees, active volunteers and coaches with new ideas to start planning their new season's programme.

It is also an opportunity for coaches to revalidate their Level 2 Racing Coach Certificate.



THE NEW 2009/2010 RYA ZONE SQUADS



NORTH MIRROR ZONE SQUAD 2009/2010



Sarah CLAYTON and Ellie BENN, Emma GRAYSON and Rachel GRAYSON, Edward GRAYSON and Matthew FOSTER, Evangeline HOWARTH and Annabelle HICKLIN, Chloe MACAULAY and Isobel LEROUX, Daniel MADDEN and Aisling MADDEN, Jack WILSON and Steven WILSON

EAST TOPPER ZONE SQUAD 2009/2010



Hugh BRAIDWOOD, Freddie CHIDDICKS, Katie DABSON, Simon GEORGE, Joe GIRLING, George HUNTER, Harry JANES, Michael JOPLING, William MASSEY, Joseph MULLAN, Elizabeth PARISH, Rebecca STOWE, Poppy WOODCOCK

NORTH CADET ZONE SQUAD 2009/2010



Harriet AYRE and Jonathan VAN INGEN; Annabel FOX and Sophia COCKELL; Josie GUMMER and Ollie PAYNE; Annie Knott and Sammy JONES; Charlie LINSELL and Alex EATON; Sarah OBRIEN and Adam LEAT; Emma YOUNG and Matthew JAYASEKARA

EAST OPTIMIST ZONE SQUAD 2009/2010



Linnea BARRENG, Arthur BROWN, Alistair GRANT, Mike HARDING, Kathryn HUTTON-PENMAN, Thomas JAYASEKARA, Emily KING, David LABROUCHE, Karyna MANUEL, Isabella MINKS, Harriet PHILO POWELL, Chay TAYLOR

EAST/SOUTH EAST WINDSURFER ZONE SQUAD 2009/2010



Matthew BARTON, Henry BLOODWORTH, Dani CONROY, Jonny DUDFIELD, Rachel FINCH, Harriet FRY, Jason HARBOR, Catriona HARDS, Harriet HUDSPITH, Aidan LIDDY, Zara PETTS, Henry SEIFERT, Ellie TROLLOPE, Conor WELLS

NORTH FEVA ZONE SQUAD 2009/2010



Molly GRIFFIN and Dominic HALL, Hannah MAYCOCK and Thomas MAYCOCK, Sophie WARD and Oliver LAW, Joseph WINBUSH and Jamie PEARSON, Sully ILLING and Finlay BOON

FOR FURTHER INFORMATION ON RYA ZONE SQUADS SEE THE RYA ZONE PAGES



www.rya.org.uk/racing/youthjunior/junior/zones



VOLVO CAR UK CONTINUE THEIR SUPPORT FOR YOUTH AND JUNIOR RACING IN THE UK

Volvo are now title sponsors of the RYA Volvo Youth Squad and the RYA Volvo Transition Squad. In addition to supporting these squads they continue their event sponsorship by supporting the RYA Volvo Youth Championships and Trials and all nine of the RYA Volvo Zone and Home Country Championships. In addition Volvo continue their sponsorship of the Volvo RYA Champion Club initiative



SUMMER SUMMARY – its been a busy one!

SKANDIA SAIL FOR GOLD REGATTA (WPNSA)



The biggest championship ever held in Great Britain with nearly 1500 people taking part Well over 1000 spectators 706 sailors, 484 boats 184 coaches and coach boats 41 countries, 230 race officials

MIRROR WORLDS (PWLLHELI)



204 sailors, 102 boats GBR World Champion

RSX WORLDS (WPNSA)



165 sailors, 50 coaches 39 countries GBR World Champion

IWA, JUNIOR, YOUTH & MASTERS WINDSURFER WORLDS (WPNSA)



351 windsurfers, 46 coaches, 27 countries

RYA VOLVO ZONE CHAMPIONSHIPS (VARIOUS CLUBS)



6 RYA Volvo Zone Championships In England 801 sailors in 686 boats

YOUTH AND JUNIORS ABROAD



In the Junior Programme 2009 457 junior sailors and 39 coaches attended 17 international regattas Best results 5 GBR World Champions, 7 GBR European Champions



In the Youth Programme 2009 640 youth sailors and 65 coaches attended 41 international regattas Best results 3 GBR World Champions, 2 GBR European Champions



At the 2009 ISAF Youth Worlds GBR achieved 1 Gold, 1 silver and 2nd in the Volvo Trophy for the top youth sailing nation

ZONE SQUAD SELECTION



337 sailors are currently in the new RYA Zone Squads 157 were unsuccessful



THE BRITISH KEELBOAT ACADEMY

The British Keelboat Academy (BKA) is a new partnership between the RYA and UKSA. The BKA has been designed to produce a constant stream of credible and talented young keelboat sailors aged between 18 and 24. It does this by developing sailor's confidence, self-belief and team skills through the intense challenge of high performance yacht racing.

www.britishkeelboatacademy.org

Apply now if you want to be considered



VOLVO RYA CHAMPION CLUB UPDATE

Congratulations to the following Volvo RYA Champion Clubs who won a prize in the October Club Report Prize Draw.

Herne Bay Sailing Club (set of branded training marks for their Club)
Waldringfield Sailing Club (signed copy of Ben Ainslie's new book – *Close to the Wind*)
Swanage Sailing Club (signed copy of Ben Ainslie's new book – *Close to the Wind*)
Tamar River Sailing Club (signed copy of Ben Ainslie's new book – *Close to the Wind*)
South Shields Sailing Club (signed copy of Ben Ainslie's new book – *Close to the Wind*)
Stoke Newington Centre (signed copy of Ben Ainslie's new book – *Close to the Wind*)

All Volvo RYA Champion Clubs who submit their Club & Coach Funding Reports on time are entered into a free prize drawer. If you are a member of a VCC make sure your club reports on time and you too could be in with a chance of winning a prize!!

If you are not sure if your club has claimed their prize (or for any other information about Volvo RYA Champion Clubs), please contact Viv Nanopoulou on 02380 604245 or viv.nanopoulou@rya.org.uk

LEVEL 2 COACHING COURSES

These continue to be extremely popular and course fill up very quickly. Details of courses and how to apply can be found by going to www.ryaracingevents.org.uk and following the link on the left hand side to coaching courses

Clubs considering holding level 2 coaching courses in the New Year are advised to select a date as soon as possible. The tutors are getting booked up already. Contact your RYA High Performance Manager or Jenny Campbell-James with your choice of dates and we will book you a tutor.

Forthcoming courses

Weir Wood Sailing Club	24th / 25th Jan 2010
Hillingdon Outdoor Activities Centre	07th / 08th Feb 2010
Frensham Pond Sailing Club	20th / 21st Feb 2010
Crawley Mariners Yacht Club	27th / 28th Feb 2010
Herne Bay Sailing Club	10th / 11th Apr 2010
Brancaster Staithe Harbour Users Ass	24th / 25th Apr 2010

PAUL WREN MOVEMENTS

If you want to chat to Paul Wren then he will be at the following clubs
1st Dec RYA House Hamble
5th Dec RYA SE Club and Coach Conference Bewl Valley SC
6th Dec RYA East Club and Coach Conference Grafham Water Centre
9th Dec HPM Meeting RYA House
12th Dec Regional Committee meeting
9th Jan Zone Squad visit
30/31 Jan Stakeholders meeting Weymouth

FINALLY IT REMAINS FOR THE TEAM AT THE RYA TO WISH EVERYONE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR. MAY 2010 BE A BUMPER SAILING YEAR FOR YOU ALL

